



The Role of Infliximab Biosimilar CT-P13 in Inflammatory Bowel Disease

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Abstract

The advent of targeted biologic therapies for debilitating disorders such as Crohn's disease (CD) and Ulcerative Colitis (UC) has changed management and significantly improved outcomes. However, biologic agents are expensive, and the introduction of biosimilar medications for the treatment of inflammatory bowel diseases presents a lower-cost alternative. In this review, the mechanism of action, pharmacokinetics, efficacy and adverse effects associated with biosimilar CT-P13 in the treatment of inflammatory bowel disease are discussed.

Introduction

The advent of targeted biologic therapies for debilitating disorders such as Crohn's disease (CD) and ulcerative colitis (UC) has significantly changed management and improved outcomes in patients suffering from these diseases.^{1,2} In particular, the use of tumor necrosis factor-alpha (TNF- α) antagonists, such as infliximab, adalimumab, golimumab and certolizumab, has been shown to induce clinical remission and prevent structural damage, thereby decreasing the need for steroid therapy, hospitalizations and surgeries for patients with inflammatory bowel diseases (IBD).³ Unfortunately, biologic agents, though effective, are expensive. The mean cost to a commercial insurer of one infliximab infusion is approximately \$2,800.⁴ Biosimilars, however, bring us a step closer towards achieving cost-effectiveness in the management of IBDs, with a predicted reduction in cost by up to 70% for anti-TNF therapy.^{5,6}

The United States' Food and Drug Administration (FDA) has defined a biosimilar as a biologic product that is highly similar to the reference product, notwithstanding minor differences in clinically-inactive components and for which there are no clinically meaningful differences between the biologic product and the

innovator product in terms of safety, purity and efficacy.⁷ Biosimilars are distinguishable from generic drugs as the manufacturing process is significantly more complex, requiring several steps, including the growth of a vector, the presence of a host cell expression system, cell expansion, a protein recovery mechanism, purification and, finally, drug formulation.⁸ CT-P13 is a biosimilar of reference infliximab, which is a chimeric monoclonal antibody against TNF- α . The formulation of CT-P13 is identical to that of infliximab, with similar pharmacological characteristics.

The majority of data demonstrating biosimilarity between infliximab and CT-P13 has been derived from two pivotal rheumatologic trials. First, the PLANETAS (Programme evaluating the Autoimmune disease iNvestigational drug cT-p13 in AS patients) was a phase I randomized controlled trial (RCT) comparing CT-P13 with infliximab in patients with ankylosing spondylitis. Second, the PLANETRA (Programme evaluating the Autoimmune disease iNvestigational drug cT-p13 in RA patients) was a phase III RCT comparing CT-P13 with infliximab RMP in patients with rheumatoid arthritis. These were each randomized, double-blinded, multicenter, parallel group trials with results compared as far out as 54 weeks. With the absence of head-to-head trials for infliximab versus CT-P13 for IBD, evidence from these trials regarding pharmacokinetic equivalence, adverse effects and immunogenicity is currently being extrapolated to IBD studies, given the similar clinically relevant mechanisms of action.

Although many biosimilars for infliximab are undergoing phase II and III trials, and many more are in the pipeline for adalimumab, this review article mainly discusses the infliximab biosimilar CT-P13 in the treatment of IBD. The CT-P13 biosimilar to infliximab (Celltrion Inc.) was first approved by the European Medical Agencies (EMA) for patients with IBD in 2013.⁹ Other countries that have since approved the use of biosimilars to infliximab include Brazil, Colombia, Japan, South Korea, Venezuela (Remsima[®] Celltrion) and India (BOW015-Ranbaxy). Finally, the United States' FDA approved the use of Remsima for all indications for infliximab in April 2016.

The aim of this review is to describe the mechanism of action, pharmacokinetics, efficacy, immunogenicity and safety of CT-P13 in IBD.

Keywords: Inflammatory bowel disease; Biosimilar; Biologic agents; CTP13.

Abbreviations: CD, Crohn's disease; UC, Ulcerative colitis; TNF- α , tumor necrosis factor-alpha; IBD, inflammatory bowel disease; FDA, Food and Drug Administration; PLANETAS, Programme evaluating the Autoimmune disease iNvestigational drug cT-p13 in AS patients; PLANETRA, Programme evaluating the Autoimmune disease iNvestigational drug cT-p13 in RA patients; EMA, European Medical Agencies; ADCC, antibody-dependent cell cytotoxicity; PK, pharmacokinetics; ADA, antidrug antibody; C_{max}, maximum concentration; AUC, area under curve; CDAI, Crohn's disease activity index; CRP, c-reactive protein.

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Table 1. Studies included in the review

Study (Reference No.)	IBD		Brand	Follow-up, weeks	Efficacy				Safety, adverse events
	UC, n	CD, n			Clinical response		Remission		
					CD	UC	CD	UC	
Gecse <i>et al</i> ⁸	84	126	Inflectra® (Hospira, UK)	30	77% week 14	77% week 14	49.1% week 14	67.6% week 14	17.1% week 30
Farkas <i>et al</i> ¹⁰	21	18	CT-P13	8	37.5%	20%	50%	66.6%	7%
Kang <i>et al</i> ¹¹	9	8	CT-P13 (Celltrion)	8	66.7%	100%	66.7%	100%	5%
Park <i>et al</i> ¹²	78	95	Remsima (Celltrion)	30	79.5%	72.2%	59%	37%	10.9%
Keil <i>et al</i> ¹³	22	30	CT-P13 (Remsima, Inflectra)	14	100%	54%	100%	40%	7%
Jahnsen <i>et al</i> ¹⁴	32	46	Remsima (Celltrion)	14	–	79%	–	56%	19%
Jung <i>et al</i> ¹⁵	51	59	CT-P13, not mentioned	54	87.5%	75%	100%	50%	0%

Methods

A bibliographic search was performed in PubMed using the following terms: biosimilars, CT-P13, infliximab, ulcerative colitis, Crohn's disease, and inflammatory bowel disease. The search was limited to English language only. References from manual search of selected papers were also included, along with abstracts from Digestive Disease Week 2016 and the European Crohn's and Colitis Organization 2016. Ultimately, a total of 7 studies were included in this review (Table 1).^{8,10–15}

Mechanism of action

The mechanism of action of infliximab and other TNF- α inhibitor drugs is based on the inhibition of activity of the pro-inflammatory cytokine TNF- α . TNF exists in two forms: transmembrane TNF (tmTNF), which is expressed on the cell surface; and soluble TNF (sTNF), which has been cleaved and released. Binding of TNF- α to its receptors triggers a cascade of pro-inflammatory signaling pathways, resulting in cellular apoptosis (as shown in intestinal epithelial cells) and activation and secretion of pro-inflammatory cytokines.¹⁶ (Fig. 1)

A mechanism common to all anti-TNF- α monoclonal antibodies is the binding and neutralization of TNF; however, there are certain other mechanisms that are stipulated to be instrumental in IBD, as outlined below.

Reverse signaling

Reverse signaling is the triggering of pathways that reduce apoptosis and inhibit pro-inflammatory cytokine expression when anti-TNF- α antibody binds to a cell expressing tmTNF. Infliximab and CT-P13 were shown to exhibit highly comparable rates of reverse signaling.¹⁷

Antibody-dependent cell cytotoxicity (ADCC)

ADCC is mediated by the Fc region of the TNF- α antibody (coating a target cell), which then binds to an Fc receptor on a natural killer cell in order to induce lysis of the target cell.^{18,19} Currently, ADCC is generally considered unlikely to be a major contributor to the action of infliximab in IBD.^{20,21}

Induction of regulatory macrophages

Induction of certain macrophages can lead to reduced T cell proliferation in an Fc-dependent manner, which has been exhibited by both infliximab and adalimumab.^{22,23} It is uncertain, however, whether CT-P13 exhibits this mechanism of action, but it does exhibit a degree of wound healing similar to that of infliximab.

Pharmacokinetics (PKs)

PK evaluation of CT-P13 in IBD has been reported in only one study to date.²⁰ In that study, the mean trough levels for CT-P13 were 24.8, 18.4 and 4.8 $\mu\text{g/mL}$ in CD and 19.3, 36.2 and 3.3 $\mu\text{g/mL}$ in UC at 2, 6 and 15 weeks respectively. Patients with previous infliximab exposure were reported to have lower early therapeutic levels (TLs) as compared to infliximab-naïve patients. Antidrug antibody (ADA) positivity in infliximab-naïve vs -exposed patients was 24.2% vs 38.5% at 14 weeks.

The PLANETAS study reported steady state PKs (area under curve [AUC] and maximum concentration [C_{max}]) as equivalent for CT-P13 and infliximab (32675.8 $\mu\text{g h/mL}$ and 147 $\mu\text{g/mL}$ vs 31359.3 $\mu\text{g h/mL}$ and 144.8 $\mu\text{g/mL}$). ADA negativity was found to be associated with higher geometric means of AUC and C_{max} than in the mean population; however, the ratios of geometric means remained near 100%.²¹ The study also showed similar C_{max} for both CT-P13 and infliximab, with the C_{max} being 111.88 $\mu\text{g/mL}$, 97.91 $\mu\text{g/mL}$ and 90.25 $\mu\text{g/mL}$, and 105.07 $\mu\text{g/mL}$, 96.20 $\mu\text{g/mL}$ and 85.25 $\mu\text{g/mL}$ at weeks 2, 6 and 14 respectively. The ADA negative subset had geometric mean values of 96.7 $\mu\text{g/mL}$ and 91.6 $\mu\text{g/mL}$ respectively for CT-P13 and infliximab at week 22.²⁴

Serum levels of CT-P13 have been investigated using commercially available ELISA kits for infliximab, with encouraging results. Malickova *et al* demonstrated good correlation of CT-P13 serum trough levels between three commonly available assays for infliximab.²⁵

Efficacy

The efficacy of CT-P13, similar to that of infliximab, can be defined by its capability to induce clinical remission and response, mucosal healing and biochemical response. Gecse *et al* enrolled

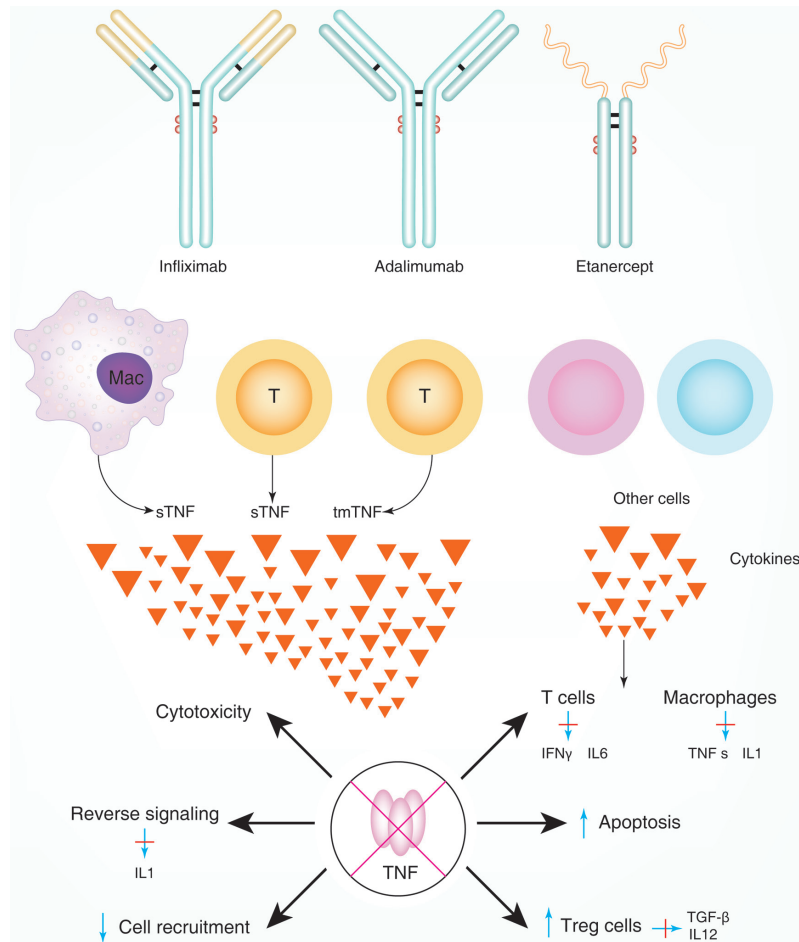


Fig. 1. Mechanism of action of TNF- α inhibitors. sTNF: soluble TNF, tmTNF: transmembrane TNF, T: T cells, IL 1: Interleukin 1, IL 6: Interleukin 6, TGF- β : Transforming growth factor β , IL 12: Interleukin 12, IFN γ : Interferon γ .

210 patients, including 126 with CD and 84 with UC, in a multicenter, prospective cohort study lasting 30 weeks.²⁰ The study found achievement of clinical remission (defined as Crohn disease activity index [CDAI] of <150 points or no fistula drainage in CD and partial Mayo score of <3 points) and of clinical response (defined as decrease in CDAI of >70 points or at least 50% reduction in number of draining fistulas and decrease in partial Mayo score of >3 points). The simple endoscopic score for CD and Mayo score for UC was used to assess mucosal healing. Up to 77% (84/126) of the CD patients showed clinical response and 49.1% (53/126) showed clinical remission at the end of 6 weeks. Up to 77% (57/84) and 67.6% (50/84) of the UC patients showed clinical response and remission, respectively. At week 30, 67.2% of week-14 responder CD patients (39/79) maintained clinical response and 53.4% (31/52) achieved clinical remission. Moreover, 80% of the week-14 responder UC patients (20/45) maintained clinical response and 68% (17/45) achieved clinical remission.

Farkas *et al* enrolled 18 CD and 21 UC patients in a prospective study that lasted for 8 weeks.¹⁰ Response and remission was measured using CDAI for CD and the Mayo scoring system for UC. Mucosal healing was defined as Mayo endoscopy subscore of 0 or 1. In CD, 6/16 and 8/16 patients had achieved clinical response and remission at week 8. For the UC patients, 3/15 and 10/15 patients had achieved clinical response and remission at week 8.

Kang *et al* administered CT-P13 to 17 subjects with CD ($n=8$) or UC ($n=9$) in a prospective study.¹¹ Seven total patients, including 5 UC and 2 CD patients, achieved clinical response and remission.

Park *et al* conducted a post-marketing study of CT-P13 for safety and efficacy evaluation using a population of 173, composed of 78 UC patients and 95 CD patients.¹² Among these, 87.2% (32/39) of the patients with moderate to severe CD achieved response at week 14 and 79.5% (31/39) at week 30. Also, 69.2% (27/39) and 59% (23/39) achieved remission at the same weeks respectively. In cases of moderate to severe UC, 75.5% (40/53) achieved a response at week 14 and 72.2% (39/54) at week 30, with 49.1% (26/53) at week 14 and 37% (20/54) at week 30 achieving remission.

Keil *et al* treated 53 patients, including 30 with CD and 22 with UC, with CT-P13 for 14 weeks.¹³ All patients in the CD group achieved remission or clinical response in 14 weeks, whereas for the patients with UC, only 9 achieved remission and 12 achieved partial response to therapy.

Jahnsen *et al* conducted a prospective, single center, observational study with 46 CD and 32 UC patients.¹⁴ Efficacy in the CD patients was assessed by a Harvey-Bradshaw index score of < equal to 4 at week 14; efficacy in the UC patients was assessed by a partial Mayo score as described above. Of the CD patients, 79% (34/43) achieved remission, compared to 56% (18/32) of the UC patients.

Efficacy in infliximab-naïve vs infliximab-exposed patients

Gecse *et al* compared efficacy of CT-P13 in infliximab-naïve patients versus patients who were previously exposed to infliximab.²⁰ Patients previously exposed to infliximab showed a slight non-significant reduction in clinical response and remission (66.6% and 33.3%, $p=0.35$ vs 84.2% and 78.9%, $p=0.06$).

In another study, 79.5% (31/39) of patients with CD and 72.2% (39/54) of patients with UC who were also infliximab-naïve achieved clinical response at week 30, compared to 87.1% (27/31) of patients with CD and 100% (11) of patients with UC who achieved disease control/remission when they were switched from infliximab to CT-P13.¹²

Jung *et al*, in a retrospective multicenter study, reviewed records of patients who had received at least one dose of CT-P13 over a 3-year period.¹⁵ A total of 51 patients with UC and 59 with CD were studied. For CD in infliximab-naïve patients, 95.5% (21/22) of the patients achieved clinical response and 77.3% (17/22) of the patients achieved remission. For UC in infliximab-naïve patients, 91.3% (21/23) and 47.8% (11/23) of the patients achieved clinical response and remission respectively.

Biochemical response

In the study performed by Gecse *et al*, mean C-reactive protein (CRP) levels were found to have decreased from 20.9 mg/L at baseline to 10.6 mg/L at week 14 for the CD patients and 32.4 mg/L at baseline to 7.5 mg/L at week 14 for the UC patients.²⁰

In a study by Keil *et al*, the median CRP levels were found to have decreased from 28 mg/L in men and 11 mg/L in women to 1 mg/L in men and 5 mg/L in women ($p = 0.011$).¹³

Jung *et al* demonstrated that CRP levels decreased from 2.22 mg/L at baseline to 0.56 mg/L at 30 weeks for the treatment-naïve CD patients and from 1.89 mg/L at baseline to 0.51 mg/L at 30 weeks for the treatment-naïve UC patients.¹⁵ Also, they reported a decrease in erythrocyte sedimentation rate (ESR) from 44 and 27 to 22 and 17 in the CD and UC patients respectively.

In another study, the mean serum CRP levels were significantly reduced at week 14 compared to baseline for CD patients (4.9 mg/L vs 22.5 mg/L) and for UC patients (9.6 mg/L vs 36.8 mg/L).¹⁴

Mucosal healing

Three studies reported mucosal healing. In the first study, the mean endoscopic Mayo score was 2.6 for the UC patients, and after induction 6/15 of the patients had a score of 1 and 4/15 had a score of 0.¹¹ In the second study, 71.8% (28/39) of the infliximab-naïve patients with UC showed evidence of mucosal healing.¹² In the third study, 66.7% (4/6) of the patients with UC showed mucosal healing at 30 weeks.¹⁵

Safety

Gecse *et al* reported adverse events in 17.1% of all patients in their study (35/210).²⁰ Among these were 14 cases of infusion reactions, only 4 of which were represented by infliximab-naïve patients; the infusion reactions occurred in a greater proportion of patients who had previous infliximab exposure (27% vs

2.5%, $p<0.001$). Infectious adverse events occurred in 5.7% of the patients, with 1 patient dying due to an invasive fungal infection.

Farkas *et al* reported only mild arthralgias in their group of CD patients, and in the UC group 2 hypersensitivity reactions with need for colectomy.¹⁰ Similarly, Kang *et al* reported 1 UC patient experiencing arthralgia and requiring discontinuation of CT-P13.¹¹ In the study by Keil *et al*, however, a total of 4 complications were identified during the CT-P13 therapy course, represented by pneumonia in 1 patient, herpes labialis in 1 patient, venous thrombosis in 1 patient and allergic reaction in 1 patient.¹³ Park *et al* described 1 case of tuberculosis, 9 cases (5.2%) of infection and 9 cases (5.2%) of infusion-related reaction.¹² Jahnsen *et al* reported a variety of adverse events, including infusion reaction, skin rash, campylobacter enterocolitis, herpes zoster, herpes simplex, arthralgia and fatigue, pneumonia, erysipelas, elevated transaminases, palpitations and colectomy; with the exception of infusion reaction, which occurred in 2 patients, all other adverse events occurred in one patient each.¹⁴

Immunogenicity

Immunogenicity can have a huge impact on the efficacy of biologic therapies; specifically, it is influenced by patient, disease and drug-related factors. Several studies have reported ADA concentrations using assays defined to measure neutralizing antibodies.

Jahnsen *et al* reported 2 patients with ADA levels >80 AU/L, 5 patients with ADA levels between 10 AU/L and 80 AU/L, and 1 patient with ADA level <10 AU/L; three of these patients had previously been treated with TNF antagonists.¹⁴ In another study, ADA were detected at baseline in 9.1% (9/99) of patients with CD and 21.3% of the patients at 14 weeks.²⁰ When compared to infliximab-naïve patients, however, the ADA positivity in the infliximab-exposed patients was 38.5% (5/13) versus 16.7% (8/48). In UC patients, the baseline ADA positivity rate was 3.6% (2/55) in the infliximab-naïve patients and 30.8% (4/13) in the infliximab-exposed patients; at 14 weeks, the ADA positivity rate was 21.9% (7/32) and 30% (3/10) respectively, and no significant difference was detected in ADA positivity at week 14 between patient groups based on previous infliximab exposure.

Discussion

The PLANETAS and PLANETRA studies demonstrated equivalent PKs for both infliximab and CT-P13 in RA and AS patients. There was, however, an increased clearance of infliximab in patients with IBD, which was attributed to several factors, including fecal loss of drug, which also causes reduced albumin. Low albumin levels are associated with increased clearance of infliximab in patients with UC and CD. Indeed, loss of infliximab through feces has been reported in patients with severe UC.²⁶⁻²⁹

Interchangeability

Interchangeability and automatic substitution indicates that a biosimilar may be substituted for the innovator product without intervention of the healthcare provider. It is different from 'switching', which is the transition from the innovator product to the biosimilar or vice versa and is based on the physician's decision.⁷ While no

biosimilar drug has been designated as ‘interchangeable’ yet, there have been studies demonstrating effective single transitions from innovator product to biosimilar with no new safety or immunogenicity changes noted.^{24,30,31}

Data from the PLANETRA study showed that ADA to infliximab cross-react with CT-P13 and vice versa, indicating that development of antibodies to either the originator or biosimilar will cross-react with the other drug, so that the patient will not benefit from switching. However, cross-reactivity has not been reported with adalimumab, leaving open the possibility of switching to either originator infliximab or the biosimilar in case of ADA development to adalimumab.

Indication extrapolation

Extensive *in vitro* studies are required by the FDA, EMA and Health Canada to prove similarity in quality for the innovator drug and biosimilar. Also, clinical and non-clinical studies are required to demonstrate similarity in PKs, efficacy and adverse events. When such studies are performed in a subset of patients with a particular condition, the results may then be extrapolated across different clinical conditions at the request of the sponsor. Thus far, the EMA, Health Canada and FDA, along with several other regulatory health agencies, have approved the use of CT-P13 across all conditions for infliximab based on extrapolation. Health Canada, however, has not approved CT-P13 for UC and CD in accordance with concerns raised by several gastroenterological groups about a difference in mechanism of action of infliximab in patients with IBD.¹⁹

Based on available data from current preclinical and clinical studies, there is little to dissuade the use of CT-P13 across indications for the originator, especially in infliximab-naïve patients. There is preliminary evidence about switching from the originator to CT-P13 with apparently no adverse effects.³² Approval by leading regulatory bodies is encouraging, may hugely impact the future of IBD management and will also lead to further information about the long-term safety and efficacy of this drug.

Future directions

The main motivator for the use of biosimilars is the immense financial benefit they provide, with a recent analysis estimating a cost reduction between 10 million to 335 million Euros over the next 5 years.³³

More long-term data, however, is needed, especially for patients in remission who are on the originator drug and are then switched to the biosimilar; these studies need to assess the maintenance of efficacy and carry out long-term monitoring of side effects. Head-to-head comparisons of infliximab and CT-P13 in patients with IBDs would ideally be the next step. Furthermore, there is need for further validation of serum CT-P13 assays and antibody detection. CT-P13 is the first of many biosimilars to existing monoclonal antibodies that are either in early clinical trials or being developed. More studies on the real impact on healthcare resource utilization are required in the coming years, in addition to robust pharmacovigilance and post marketing research.

Conflict of interest

The authors have no conflict of interests related to this publication.

Author contributions

Composing the manuscript (DK, RC), approving the final manuscript (RC).

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