# Activation of Anti-tumor Immune Response by Ablation of HCC with Nanosecond Pulsed Electric Field

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## Abstract

Locoregional therapy is playing an increasingly important role in the non-surgical management of hepatocellular carcinoma (HCC). The novel technique of non-thermal electric ablation by nanosecond pulsed electric field has been recognized as a potential locoregional methodology for indicated HCC. This manuscript explores the most recent studies to indicate its unique anti-tumor immune response. The possible immune mechanism, termed as nano-pulse stimulation, was also analyzed.

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# Introduction

Locoregional therapy refers to the locally applied minimally invasive interventional procedures to destroy tumors directly. It is guided by a radiological method to insert the ablation device precisely, with or without combination of chemomedicine to enhance tumor death. With the benefit of the tumor being treated locally, it has played an increasingly important role in the non-surgical management of hepatocellular carcinoma (HCC). Radiofrequency ablation (RFA) therapy, one of the locoregional therapies, has been recognized as producing effect comparable to surgery for small HCC.<sup>1</sup>

The novel electric ablation by nanosecond pulsed electric field (nsPEF) ablates tumors by non-thermal effects, without combining any chemo-therapeutics.<sup>2</sup> The nsPEF technique has an advantage over RFA in its being non-thermal. Therefore, nsPEF can eliminate tumor cells, without thermal injury, on the adjacent organ and vessels. Different from conventional

heat-based ablation techniques, however, nsPEF does not cause direct Joel heat accumulation in the targeted region but induces apoptosis.<sup>3,4</sup> It has been applied in humans and approved according to its efficacy.<sup>5</sup>

Delivering a high voltage electric field in ultra-short pulses, nsPEF disrupts both the plasma membrane and intracellular structures, causing clean cell death.<sup>6</sup> As demonstrated in a previous study,<sup>7</sup> tumor cells treated by nsPEF *in vitro* did not show severe necrotic morphological changes. In contrast, tumor ablated by nsPEF underwent gradual shrinkage, with minimal bleeding or necrosis.<sup>8–10</sup> The nsPEF also features a precisely targeted ablation area, achieved with proper electrical parameter setting and electrode design.

As a result, tissues of different conductivity (other than tumors) can be preserved. This process explains why some tumor locations with critical vessels, which were impossible to treat by thermal ablation, are now accessible for treatment.<sup>11</sup> nsPEF also shows advantages when the pulse duration is shorter, the electric field strength is more intensive, and the energy released is more controllable. These features are, particularly significant for treating HCC near major vascular vessels. In a previous study, the strategies of applying nsPEF in either a single dose<sup>12</sup> or multiple fractionated doses were compared  $^{13,14}$  The multiple fractionated dose of nsPEF was found to inhibit tumors more effectively than the single dose, implying that the immune system was involved in the tumor reaction. To address the hypothesis, the nsPEF treatment was applied to a highly metastatic HCC xenograft model and the effects were studied. The multi-fractionated dose group did not show increased pulmonary metastasis but achieved the same low metastasis rate as the surgery-treated group.  $^{\rm 14}$ This evidence supported that lung metastasis can be minimized by efficient ablation of the primary tumor by immune stimulation.

#### nsPEF causes bio-effects

With high power and low energy given in ultra-short pulses, nsPEF produced unique intracellular bio-effects. nsPEF ablation induced tumor cell apoptosis and caused high-density nanopores to form in plasma membranes. The destroyed tumor cells released signals (e.g. cytokines, interleukins and chemokines) which trigger the host immune stimulation. Subsequently, the ablation zone also attracts macrophage infiltration and T cell activation, causing a tumor-specific immune reaction.

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**Keywords:** Locoregional therapy; Hepatocellular carcinoma (HCC); Nanosecond pulsed electric field (nsPEF); Nano-pulse stimulation (NPS).

**Abbreviations:** HCC, hepatocellular carcinoma; nsPEF, nanosecond pulsed electric field; NPS, nano-pulse stimulation; RFA, radiofrequency ablation.

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# In vitro and in vivo experimental evidence of nsPEF causing immune reactions

Little is known regarding the induction of immune responses after *in situ* tumor destruction by nsPEF. It was hypothesized that nsPEF may induce membrane protein changes, which acting as "eat me" signals stimulate immune cells to attack the tumor. To test this, an *in vitro* co-culture experiment was set up using the macrophage cell line THP1 and HCC cells. When the nsPEF was delivered to the HCC cells, the macrophage cell line THP1 engulfed the nsPEF-treated HCC cells and not the HCC cells without nsPEF.<sup>14</sup> The *in vitro* cell line experiment results were further supported by results from nude mice xenograft model experiments, which showed that local nsPEF inhibits primary HCC in liver and metastatic HCC in lungs.<sup>14</sup>

# nsPEF-induced immune reaction is transferable

Other experiments have further indicated that the antitumor reaction can be transferred.<sup>15–17</sup> Local nsPEF ablates the tumor and then the dying cancer cells release tumor antigens and immune recruiting signals, which serve to enhance the antitumor T cell responses to attack both primary tumors and distant metastases. This immune stimulation response may play a critical role in the nsPEF-elicited tumor eradication. Of note, it has been reported that nsPEF stimulates macrophages to engulf tumor cells *in vitro* and *in vivo*.<sup>13,14</sup> The multiple dose strategy with fractured multiple treatments was also shown to induce immune defense against the tumor by triggering externalization of phosphatidylserine on the cell membrane; this serves as a vital signal to attract macrophages, neutrophils and dendritic cells for phagocytic clearance of the ablation area.<sup>14</sup>

Such processes help to break the tolerance of the tumor,<sup>14</sup> which is especially important for late-stage tumors with remote metastasis. Beebe *et al.*<sup>15</sup> also found that animals with successfully ablated primary tumors failed to have secondary tumors emerge, due to the adaptive immune response.

The nsPEF-ablated location was shown to be infiltrated by immune cells and granzyme B, suggesting an immune-protective effect. Nuccitelli *et al.*<sup>16,17</sup> found that after complete ablation of HCC with nsPEF, a second tumor, which had been injected into a different lobe of the liver, was also inhibited by 90% via CD8<sup>+</sup> cytotoxic T cells.

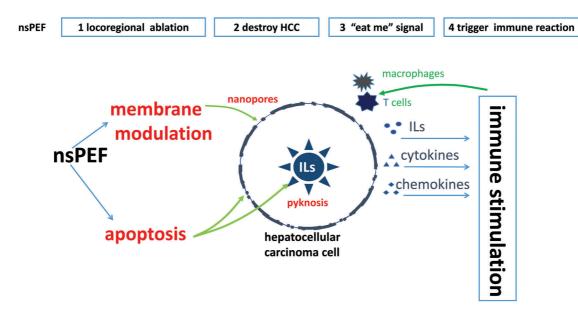
# Local nsPEF ablation reshapes the local tumor microenvironment and decreases remote metastasis

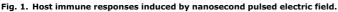
Chen *et al.*<sup>18</sup> investigated the antitumor effect of nsPEFs in two different *in vivo* tumor models with lung metastasis (i.e., spontaneous osteosarcoma and HCC); both models involved late stage and showed high metastatic potential. The nsPEF treatment reduced primary tumor volume and increased the total survival significantly, without deformity or thermal damage in the ablation zone. Immune cells were found in the ablation site of the tumor.<sup>13,19,20</sup> Hematoxylin and eosin staining showed that the nsPEF-treated tumor shrank dramatically and then became surrounded by a remarkable infiltration of inflammatory cells.

High density of MAC387-positive cells was observed in perivascular areas, confirming that nsPEF treatment linked host immune surveillance, the organ self-defensive barrier and electric conductivity of different tissues in the ablation zone, reshaping the local tumor microenvironment. nsPEF caused microdomain disruption and increased the membrane permeability, facilitating further immune cell recognition and interaction.<sup>20,21</sup> The possible mechanism of the nsPEF-induced immune reaction is illustrated in Fig. 1.

## Discussion

HCC ablation with nsPEF requires a special catheter electrode design and internal delivery by laparoscopy. Currently, there is no clinical study describing its application in human liver. Beside HCC, nsPEF has been applied to multiple solid tumors. For example, nsPEF has been shown to enhance the anti-tumor effects of the mTOR inhibitor everolimus against melanoma,<sup>22</sup>





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to collapse vascular perfusion in glioblastoma,<sup>23</sup> to inhibit proliferation in osteosarcoma,<sup>24</sup> and to serve as breast cancer therapy<sup>25</sup> and against salivary adenoid cystic carcinoma.<sup>26</sup>

When treating different solid tumors, application of nsPEF raises the questions of proper selection for dosage, parameters and strategies based on the tumor differences and patient personalization. Studies on cancer cell susceptibility have been done to address these issues. Gianulis *et al.*<sup>27</sup> tested cytotoxic efficiency of nsPEF for different cancers and found no apparent correlation with cell types. Recent studies<sup>28,29</sup> showed that, beside nsPEF dosage, temperature is another important issue when applying nsPEF in practice. Pliquett et al.<sup>2</sup> measured the real time Joule heating and proved that nsPEF ablation under a certain parameter (i.e. pulse duration of 300 ns and electric field strength of 40 kV/cm) produced no obvious heat production or temperature increase. Mi et al.28 expanded the measurement to a multi-parametric setting (i.e. nsPEF parameter ranging from 1 to 4 kV, pulse width ranging from 50 to 500 ns, and repetition frequency between 100 kHz and 1 MHz). Their data indicated that higher temperatures will be achieved and may cause thermal damage when multiple pulse bursts are applied. These results collectively provide the theoretical basis of pulse parameter selection for future clinical parameter settings. Yin et al.<sup>29</sup> also confirmed that environmental temperature can affect the outcome of nsPEF treatment.

#### Conclusions

In conclusion, nsPEF has been demonstrated as an efficient local ablation methodology for HCC treatment. By nano-pulse stimulation, nsPEF more efficiently inhibits tumors without increasing the risk of secondary metastasis. Beyond its ablation effect, nsPEF may elicit tumor cell death by stimulating immune defense. Therefore, nsPEF ablation alone or in combination with other immuno-therapeutics could be used as a locoregional therapy for HCC in clinic.

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#### **Conflict of interest**

The authors have no conflict of interests related to this publication.

### **Author contributions**

Reviewed the literature and contributed equally to the study (XX, YC), contributed to reference collection (RZ), supervised the review (XM, XC).

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