# Supplementary Method 5

The initial study population consisted of 41,474 participants from the USA in the four-cycle NHANES (1999-2006) database. Detailed information about the survey design and methods is available on the NHANES website [Centers for Disease Control and Prevention (CDC), http://cdc.gov/nchs/nhanes)]. Mortality outcomes were determined through linkage with the National Death Index (NDI), covering deaths that occurred between January 1, 1999, and December 31, 20152. Cardiovascular mortality was defined as death resulting from heart disease or cerebrovascular disease. Time-to-death was calculated from baseline to the date of death or the end of follow-up on December 31, 2015, whichever occurred first.

**References**

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