**Supplementary Table 3. NOS quality assessment results**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Author** | **Selection** | **Comparability** | **Outcome** | **Total** |
| Lai M32 (2007) | ★★ | ★ | ★★★ | 6 |
| Papatheodoridis G8 (2008) | ★★★ | ★★ | ★★ | 7 |
| Kumar M33 (2008) | ★★★★ | ★★ | ★★ | 8 |
| Nguyen MH30 (2009) | ★★★ | ★★ | ★★ | 7 |
| Chen EQ36 (2010) | ★★★ | ★ | ★★ | 6 |
| Gui HL34 (2010) | ★★★ | ★★ | ★★★ | 8 |
| Montazeri G38 (2010) | ★★★ | ★★ | ★★ | 7 |
| Sanai FM28 (2011) | ★★★ | ★★ | ★★ | 7 |
| Lesmana CR31 (2011) | ★★ | ★★ | ★★ | 6 |
| Alam S37 (2011) | ★★ | ★★ | ★★ | 6 |
| Liao BL5 (2013) | ★★ | ★★ | ★★★ | 7 |
| Wan RJ27 (2015) | ★★ | ★ | ★★ | 5 |
| Gong XQ35 (2015) | ★★ | ★ | ★★★ | 6 |
| Tan Y7 (2015) | ★★ | ★★ | ★★ | 6 |
| Ormeci A29 (2016) | ★★ | ★ | ★★★ | 6 |
| Zhou JY24 (2017) | ★★★ | ★★ | ★★★ | 8 |
| Tan YW6 (2017) | ★★ | ★★ | ★★★ | 7 |
| Xing YF26 (2018) | ★★ | ★★ | ★★ | 6 |
| Xu ZJ25 (2018) | ★★★ | ★ | ★★★ | 7 |