**Supplementary Table 1.** **The four noninvasive scoring systems for detecting fibrosis13-16**

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| --- | --- | --- | --- |
| **Formula** | **Equation** | **Low cutoff** | **High cutoff** |
| APRI | ([AST/upper limit of normal]/platelet count [109/L])×100 | 0.5 | 1.5 |
| BARD | BMI ≥28 kg/m2= 1 pointAST/ALT ≥0.8= 2 pointsDiabetes= 1 point(Range: 0-4) | 2 |
| FIB-4 | (Age [years]×AST [IU/L])/ (platelet count [109/L]×$\sqrt{ALT\left[IU/L\right]}$) | 1.3 | 2.67 |
| 1.45 | 3.25 |
| NFS | -1.675+0.037×age (years) + 0.094×BMI (kg/m2)+1.13×intermitent fasting glucose/diabetes (yes= 1, no= 0)+0.99×AST/ALT-0.013×platelet count (109/L)-0.66×albumin (g/dL) | -1.455 | 0.676 |

ALT, alanine aminotransferase; AST, aspartate aminotransferase; BMI, body mass index.

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