**Supplementary Table 2.** List of retrospectively retrieved Ayurvedic and herbal samples

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| Traditional Ayurvedic product | Traditional healer product | Proprietary Ayurvedic product |
| Dhanwantaram Gulika (tablets) | Multiple unknown polyherbal medications – powder, liquids, capsules, tablets, pellet forms | Deepan Life |
| Vayalchulli choornam (dried herb powder) | *Phyllanthus niruri* extracts with unknown powder mixtures | Liv.52® and Liv. 52 DS® (tablets and syrup) |
| Amritharishtam (syrup) | Aloe vera and *Phyllanthus niruri* extracts | Kamilari products in the form of capsules, powder and mixtures |
| Indukantam kashayam (syrup) | Turmeric, barley water and fenugreek extracts | Silymarin extracts in capsule and tablet formulations |
| Gandharvahasthadi kashayam (syrup) | Herb mixtures  *Morinda umbellata L.* + *Andrographis paniculata* | Livcare® capsules |
| Dashamoolajeerakarishtam (syrup with alcohol base) | Carica papaya seed and leaf extracts concoction | Liver Tonic® and Ayur Liver® tablets |
| Guluchyadi-kashaya-sookshma choornam | *Boerhavia diffusa* or Spreading hogweed extracts | LivTone® and Liver-Care® syrups and tablets |
| Avipathi choornam (powder) | *Camellia sinensis or* Green tea decoctions and extracts | Liver-Cleanse™ pack |
| Arogyavardhini choornam (powder) | Un-labelled Homeopathy products | Spirulina capsules |
| Kozhimullu choornam (dried herb powder) | Various types of metallo-mineral ash (Bhasma) | Resveratrol capsules |
| Vilwadi Gulika (tablets) |  |  |