**Supplementary Table 2. Diagnosis of baseline type 2 diabetes, hypertension, and dyslipidemia in the UK Biobank study**

|  |  |  |  |
| --- | --- | --- | --- |
|  | Type 2 diabetes | Hypertension | Dyslipidemia |
| Baseline biomarker | HbA1c >47 mmol/mol | / | / |
| Self-report code | 1223 | 1072 | / |
| Health record | ICD10:E11.0-E11.9  ICD9: 250 | ICD10:I10-15, O10  ICD9: 401 | ICD10:E78  ICD9:272 |
| Regular medication | √ | √ | √ |