**Supplementary Table 1. Calculation of pure alcohol intake in UK Biobank study**

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|  | Red wine (glasses)  Pure alcohol: 10.7 g/100 mL | White wine (glasses)  Pure alcohol: 9.7 g/100 mL | Beer/cider (pints)  Pure alcohol: 3.5 g/100 mL | Spirits (measures)  Pure alcohol: 31.7 g/100 mL | Fortified wine (glasses)  Pure alcohol: 14.4 g/100 mL | Others (glasses)  Pure alcohol: 3.5 g/100 mL |
| Intake frequency (EID= 1558) | |  |  |  |  |  |
| Never | / | / | / | / | / | / |
| Special occasion only | EID= 4407;  1 glass= 125 mL | EID= 4418;  1 glass= 125 mL | EID= 4429;  1 pint= 473.2 mL | EID= 4440;  1 measure= 28 mL | EID= 4451;  1 glass= 125 mL | EID= 4462;  1 glass= 125 mL |
| 1–3 times/month |
| 1–2 times/week | EID= 1568;  1 glass= 125 mL | EID= 1578;  1 glass= 125 mL | EID= 1588;  1 pint= 473.2 mL | EID= 1598;  1 measure= 28 mL | EID= 1608;  1 glass= 125 mL | EID= 5364;  1 glass= 125 mL |
| 3–4 times/week |
| 5–7 times/week |