

## **CARE** Checklist of information to include when writing a case report





Article Information: http://doi.org/10.14218/ERHM.2021.00075

Topic	Item	Checklist item description	Reported on Page No/Section(s)
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	Page 1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report (including "case report")	Page 2
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 1
	3b	Main symptoms and/or important clinical findings	Page 2/Abstract
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2/Abstract
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	Page 2/Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	Page 2/Introduction
Patient Information	5a	De-identified patient specific information	anonymous
	5b	Primary concerns and symptoms of the patient	Page 3/ Methods
	5c	Medical, family, and psychosocial history including relevant genetic information	Page 3/ Methods
	5d	Relevant past interventions and their outcomes	Page 3/Methods
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3/Methods
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	Page 3/Methods
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A
	8c	Diagnosis (including other diagnoses considered)	Page 3/Methods
	8d	Prognosis (such as staging in oncology) where applicable	N/A
Therapeutic	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 3/Methods

Topic	Item	Checklist item description	Reported on Page No/Section(s)
Intervention	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 3/Methods
	9c	Changes in therapeutic intervention (with rationale)	N/A
Follow-up and Outcomes	10a	Clinician- and patient-assessed outcomes (if available)	Page 3/Methods
	10b	Important follow-up diagnostic and other test results	N/A
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 3/Methods
	10d	Adverse and unanticipated events	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 4/Discussion
	11b	Discussion of the relevant medical literature with references	In discussion section page 4
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 5/Conclusions
	11d	The primary "take-away" lessons from this case report (without references) in a one paragraph conclusion	Page 5/Conclusions
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes ⊠ No □

CARE: Case Report Guidelines, <a href="https://www.care-statement.org/checklist">https://www.care-statement.org/checklist</a>

